

SUMMER INTERSESSION BREAK RESOURCES AND OPPORTUNITIES for Housing, Food Options, and Transportation

Students experiencing homelessness or situations in which they are unable to return home, for whatever reason, during academic breaks may stay in SIU Residence Halls. Amenities include a bed, bathroom with a shower, a communal refrigerator, a stove with oven, a microwave, and cookware. To request housing accommodations, or support for additional needs, please email heroes@siu.edu.

The Saluki Food Pantry does not have scheduled hours over the summer, but students are still able to receive food bags. Students needing food bags over the summer should email foodpantry@siu.edu to make arrangements.

Food bags are also located in the Dean of Student's Office, located in the Student Services Building, and in the Wellness and Health Promotion Services Office, located in the Student Health Center, Mondays through Fridays from 8:00 am - 4:30pm.

Prior to SIU holiday closures, students may acquire enough food to sustain their household during the break.

A list of Community Resources, including food kitchens, food and clothing pantries, shelter, transportation, assistance programming, and additional resources in the area can be found at <https://heroes.siu.edu/community-resources.php>

Transportation may be arranged in advance at Jackson County Mass Transit at 618-549-0304 or Rides Mass Transit at 1-844-220-1243. For the Saluki Express Break Route schedule, visit <https://studentcenter.siu.edu/services/transportation-parking/saluki-express/index.php>

Summer Intersession Break prepared meal options per day include:

Saturdays

- Good Samaritan House: 11:30 am and 5:30 pm
- Victory Dream Center: Dinner at 5 pm,
- Food Pantry at 6:30 - 7:30 pm

Sunday

- Good Samaritan House: 11:30 am and 5:30 pm

Monday

- Good Samaritan House: 8 am, 11:30 am, and 5:30 pm
- Feed My Sheep: 12 pm to 1 pm

Tuesday

- Good Samaritan House: 8 am, 11:30 am, and 5:30 pm
- Feed My Sheep: 12 pm to 1 pm

Wednesday

- Good Samaritan House: 8 am, 11:30 am, and 5:30 pm
- Feed My Sheep: 12 pm to 1 pm
- Victory Dream Center: 10:30 am to 12 pm

Thursday

- Good Samaritan House: 8 am, 11:30 am, and 5:30 pm
- Feed My Sheep: 12 pm to 1 pm

Friday

- Good Samaritan House: 8 am, 11:30 am, and 5:30 pm
- Feed My Sheep: 12 pm to 1 pm

Feed My Sheep

Bethel A.M.E.
316 E. Jackson St.
Carbondale, IL 62901
(618) 529-5278

Good Samaritan House

701 South Marion Street,
Carbondale, IL
(618) 457-5794

Victory Dream Center

607 E College St,
Carbondale, IL
(618) 351-8018

HEROES - Higher Education Resources and Opportunities
heroes.siu.edu

Campus Liason, Jaime Clark, Student Health Services, Email: heroes@siu.edu



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